

**UNIVERSITY GRANTS COMMISSION  
BAHADUR SHAH ZAFAR MARG  
NEW DELHI – 110 002**

**SUBMISSION OF INFORMATION AT THE TIME OF SENDING THE FINAL  
REPORT OF THE WORK DONE ON THE PROJECT**

1. Title Of The Project : “Impact of Parental Income on Health – A study of Health of Children from 5 – 12 years with reference to Gondia Tahsil”
2. Namffe And Address of The Principal Investigator : Mrs.Sarita Sachin Udapurkar
3. Name And Address Of The Institution : N. M. D. College of Arts and Commerce, Ramnagar, Gondia.
4. Ugc Approval Letter No. And Date : 23-2923/11 (WRO) dt 25<sup>th</sup> Jan 2012
5. Date Of Implementation : 1<sup>st</sup> June 12
6. Tenure Of The Project : 18 Months
7. Total Grant Allocated : Rs. 35,000
8. Total Grant Received : Rs. 17,500
9. Final Expenditure : Rs.38,525
10. Title Of The Project : “Impact of Parental Income on Health – A study of Health of Children from 5 – 12 years with reference to Gondia Tahsil”

**11. OBJECTIVES OF THE PROJECT**

1. To study how much percentage of income of parents are spending on the purchase of the products of their wards.
2. To state the factors affecting development of the health of wards.
3. To acquaint with the psychology and social background of parents towards the income spending on the development of the future of their wards.
4. To suggest ways and means to develop the mentality of parents of spending money on the development of their wards.

5. To study the bad habits and food habits of the ward in the age of 5-12 years.
6. To study the habits, food habits of wards, quality food given to them and their health care were also studied. Researcher acquaint with the psychology and social background of parent towards the spending. Factors affecting the development and suggestions to develop the mentality of the parents important given by parents for the quality food and health care of their ward.

#### **12. Whether Objectives Were Achieved :**

Yes , all the objectives were achieved. Researcher studied the percentage of income spend on their wards. Bad are mentioned in the project.

#### **13. Achievements From The Project :**

Suggestions are given for quality life. Quality life makes strong human resource which provides job opportunity. Strong and qualitative human resource increases productivity which contributes ultimately in economic development of country.

#### **14. Summary Of The Findings :**

Problem and rational of the study : Children are considered are the mirror image of the future. In their early stages, they are considered as the raw cement as anything falls an impression on them. That impression reflects the behavior of a child in terms of his health, education and culture. Parents as per their resources try to provide everything to their children and these resources depends on their income. The present study deals with the impact of parental income on health. This study is a study of health of children from 5-12 years with reference to Gondia Tahsil.

Health is a state of human being by which he works. Efficiency of resources depends on their health. Healthy manpower contributes to economic growth by increasing their ability, efficiency and mental facilities. Improvement in health and medical facilities leads to qualitative improvement of human capital and its productivity.

Quality of human life indicates the degree of goodness of human life. It actually depends on the basic needs like health, education, food, water supply, sanitation etc. all these basic needs are based upon the family income/. Family or parental income effects o economic transactions of the family. Te new concept is developed today i. e. ‘Let us take care of quality and quality would take care of us.’

Socio-economic factors, unhealthy eating pattern, lack of physical activity, media and marketing burden of study and attention of the parents are some the factors which affect the health of children.

Researcher studied the following **objectives** in the research :

1. To study how much percentage of income of parents, they spend on the purchase of the products of their wards.
2. To state the factors affecting development of the health of wards.
3. To acquaint with the psychology and social background of parents towards the income spending on the development of the future of their wards.
4. To suggest ways and means to develop the mentality of the parents of spending money on the development of their wards.
5. To study the bad habits and food habits of the wards at their age of 5-12 years.
- . To study the important given by parents for the quality food and health care of their ward.
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## **HYPOTHESIS**

H1: Quality of child as human resource depends significantly on parental income.

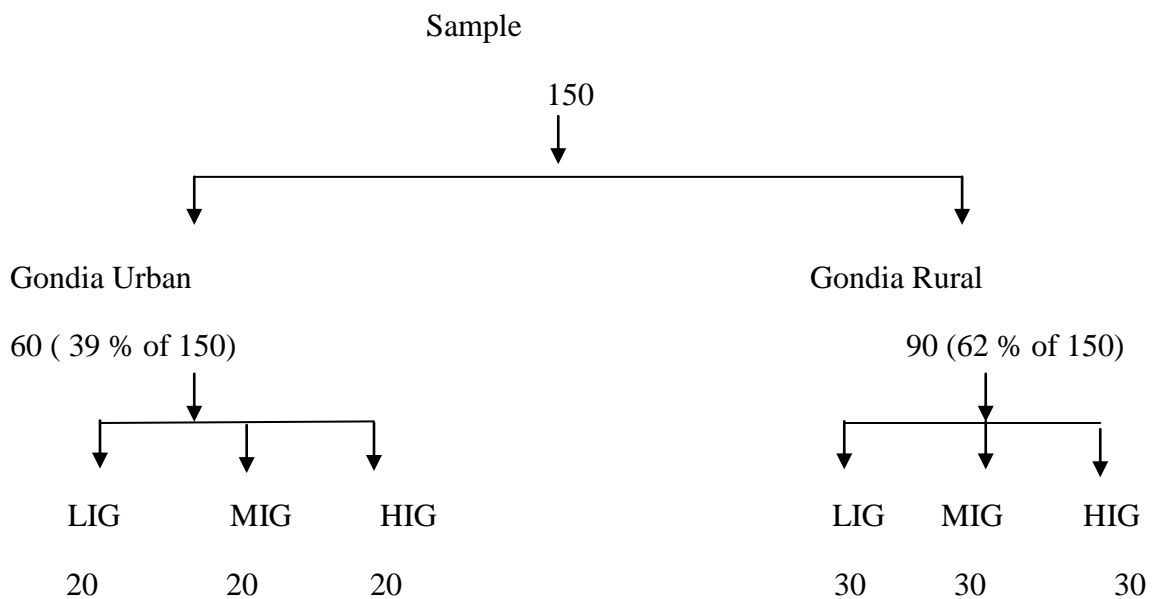
H2: Income of the parent has significant impact on the health of their ward

H3: Attitude of parents has changed with the change in income.

### Sample Design

150 samples from Gondia Tahsil of Gondia District, M.S. were taken for samples. Parents having child with equal income group are selected for the interview. Lower income group – upto Rs.36,000, Middle income group – Rs. 36,000 to Rs. 500,000 and Higher income group – above Rs. 500,000 were sampling element.

### DIVISION OF SAMPLE



☆ Ratio is taken as the population ratio of gondia Tahsil is 39:62

### SCOPE

1. The scope of the study is confined to Gondia Tahsil.
2. This report helps to know the various problems and limitations with regard to financial position of the family.
3. It helps new changes and development in health.
4. This in turn helps the parents to introduce the changes according to the preferences of needs and wants of human resources.
5. It covers mainly the mentality and needs of the family related to the health development of the wards.

### **LIMITATIONS**

1. The study is mainly based on the primary data by using the survey method.
2. The study is limited to the Gondia Tahsil.
3. As the study moves around the economical aspects, the overall position of the family cannot be ascertained without taking into consideration other family aspects such as culture, psychology of the head of the family.
4. Due to the time constraint the survey is made by the sample method.
5. The survey results are based on the information gathered from the respondent and the responses are taken, where both husband and wife are alive.
6. The research is parents confined to only those who spend their income on child.
7. The research includes only those parents who have not more than two children.

### **COLLECTION , TABULATION AND ANALYSIS**

The researcher collected the data from the general public with the help of questionnaire as follows:

1. Education, Occupation and total annual income from all sources of respondents.
2. Age, sex, education and number of sister and brothers in the family, School and board of education.
3. Regular diet, contents in homemade food, frequency of readymade food, provision of balanced and nutrition food.
4. Health problem, medical check-ups and activities of ward.
5. Necessity of vitamins and exercise for good health
6. Extra need of money other than pocket money and its fulfillment.
7. Bad habit, its reasons and influence on ward.
8. Difference between attitude of spending money –now and in past, development of ward.

After the collection of data from parents the data is classified on the basis of income group i.e lower income group, middle income group and higher income group. Analysis and interpretation of the data is given after each and every chart and graphs.

## **TESTING OF HYPOTHESIS**

**H<sub>1</sub> : Quality of child as human resource depends significantly on parental income.**

As per the table which shows record of diet, health problem of ward and its treatment, exercise duration, pocket - money details, thought influences and attitude of parents on spending money results proved all spending are depends on the income of the parents. And these spending makes human resource quality in child.

Hence the hypothesis is proved to be accepted.

**H<sub>2</sub> : Income of the parent has significant impact on health of their ward.**

As per the table which shows wards regular diet-chart, readymade food, treatment of health problem, exercise of ward, amount of pocket money given to ward, it is proved that all the aspects related to the health of their ward has significant impact on the health of their ward.

Hence the hypothesis is proved to be accepted.

### **H3 : Attitude of parents has changed with the chane in income**

Change in attitude of the parents is changing with the change in income. Parents are giving stress for overall development of the ward. Overburden and change in attitude is changing now a days. More than ninety percent of parents has changed with the change in income.

Hence the hypothesis is proved to be accepted.

### **Major findings from the data analysis are as follows :**

- The expenditure of parents from their income on their wards directly depends on the level of income.
- As per their capability, the parents psychologically and socially spending their income on the development of the future of their wards.
- As far as the health of wards is concerned, higher income group is very much active and conscious and prefers private treatment while the lower income group and middle income group, prefers to avail Government facilities and sometimes they also go for medical checkup of their ward as per the need.
- The bad habit of taking more pocket money and eating readymade food is more in wards who belongs to higher income group. Even sometimes they demand for extra money other than pocket money.
- Children may not want to eat at times, or they may want to eat too much of the wrong foods.
- Research consistently finds that low parental income is associated with lower health and poor quality education. Low income causes parents to feel depressed, anxious or

alienated which decreases their ability to provide the stipulation and support. Low income parents find hard to provide an environment that raises their wards ability.

- The positive attitude of parents towards their ward results in the development of human resource of the nation.

**15. CONTRIBUTION TO THE SOCIETY :**

Readers from the society would know the import ants of healthy food and impact of parental income on economic development. They would also know the changes in attitude of spending on the life of their ward.

**16. Whether Any Ph.D. Enrolled/Produced Out Of The Project :** No

**17. No. Of Publications Out Of The Project:** Photo copy of publication is attached.



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